

Terms:

I confirm that I consent to participate in therapy sessions provided by Karen Boxall (Karen), hereafter referred to as 'the programme'. I agree to be an active participant and share responsibility for the progress and results of the programme.

I agree to inform Karen of any changes in my circumstances or medical status that may affect my ability to participate fully in the programme.

I understand that there are no guarantees as to the results or outcomes of the programme as everyone is different and I am ultimately responsible for my own decisions, actions, choices and emotions during and after participating in the programme and that I have the right to refuse to participate in any process at any time.

The sessions are confidential and I understand that confidentiality would only be breached if Karen believed it necessary, for example if there was serious risk to myself or someone else, if there was a legal obligation or if I give my consent.

As a service, the sessions may be recorded. I agree that any recording is for personal use only and should not be listened to whilst driving, operating machinery or whilst caring for another person.

Fees:

1 hour session: £85

Cancellation policy:

Free with 24 hours notice / £50, less than 24 hours notice.

Signed:.....

Name:

Date: