

Karen Boxall Hypnotherapy, *Counselling & Mentoring*

Terms:

I confirm that I consent to participate in therapy sessions provided by Karen Boxall (Karen). I agree to be an active participant and share responsibility for the progress and results of the sessions.

Hypnotherapy sessions are around 1 hour and counselling sessions are 50 minutes. If for any reason I am late for a session, Karen will see me for the duration of the remainder but will be unable to work beyond the allotted time.

I agree to inform Karen of any changes in my circumstances or medical status that may affect my ability to participate fully in sessions.

I understand that there are no guarantees as to the results or outcomes of the sessions as everyone is different and I am ultimately responsible for my own decisions, actions, choices and emotions during and after participating in sessions and that I have the right to refuse to participate in any process at any time.

The sessions are confidential and I understand that confidentiality would only be if Karen believed it necessary, for example if there was serious risk of harm to myself or someone else, if there was a legal obligation or if I give my consent.

Information of the sessions will be shared with the therapist's Clinical Supervisor.

BACP membership number: 896758 and abides by their ethical standards

Karen Boxall (under LibraG) is registered with the Information Commissioner's Office. Reference: ZA234430 and adheres to the relevant Data Protection regulations.

Fees: Per session: £85

Initial Weight Loss Assessment + Hypnotherapy: £125

Cancellation policy: Full fee applies

Signed:.....

Name:

Date:

Please note: there is no waiting room for early arrival or guests.