

# Karen Boxall Hypnotherapy, Counselling & Mentoring

Terms:

I confirm that I consent to participate in therapy sessions provided by Karen Boxall (Karen). I agree to be an active participant and share responsibility for the progress and results of the sessions.

Hypnotherapy sessions are around 1 hour and counselling sessions are 50 minutes. If for any reason I am late for a session, Karen will see me for the duration of the remainder but will be unable to work beyond the allotted time.

I agree to inform Karen of any changes in my circumstances or medical status that may affect my ability to participate fully in sessions.

I understand that there are no guarantees as to the results or outcomes of the sessions as everyone is different and I am ultimately responsible for my own decisions, actions, choices and emotions during and after participating in sessions.

For counselling, I agree to a minimum of 2 'ending' sessions, depending on the length of time of counselling.

The sessions are confidential and I understand that confidentiality would only be breached if Karen believed it necessary, for example if there was serious risk of harm to myself or someone else, if there was a legal obligation or if I give my consent.

Information of the sessions may be shared, on an anonymous basis, with the therapist's Clinical Supervisor.

BACP membership number: 896758 and abides by their ethical standards  
Karen Boxall (under LibraG) is registered with the Information Commissioner's Office. Reference: ZA234430 and adheres to the relevant Data Protection regulations.  
I consent to Karen contacting me for anything she considers relevant.

Fees: Per session: £85

Initial Assessment: £125

Payment is due when booking the appointment and at each preceding appointment

Cancellation policy: Full fee applies

Signed:.....

Name:

Date: